

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Sunrise Kingdom											M				
Coulda Woulda Shoulda						M					Y				
Voodoo Yuzu															
Bloom											M	M		M	
Feeling Blue - Smoothie															
Liquid Gold - Smoothie	Y Oat						M Alm Brz Haz Mac Pec Pis Wal	Y							
Supernova - Smoothie										Y					
Think Pink - Smoothie										Y	Y				

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A Basket of Baked Treats	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y			M	Y	
Croissant	Y Whe								Y	Y					
Freshly Baked Bacon Roll	Y Whe								Y	Y		M		Y	
Pain au chocolat	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
Pain au raisin	Y Whe								Y	Y			M	Y	
XL Croissant	Y Whe								Y	Y					
Banana & Chocolate Muffins Freshly Baked	Y Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y			M		
Fairtrade Acai, Coconut Chia, Pitaya, Mango, Thai Basil											M	M			
Fairtrade Acai, Overnight Oats, Banana, Brazil Nuts, Cocoa Nibs	M Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal				M	M			
Homemade Granola Vanilla Yoghurt, Rhubarb Compote, Crystallised Ginger	Y Whe Rye Bar Oat				M	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal	M		Y	M	M	M	Y	

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Hot Cross Bun French Toast Crème Fraiche & Jam Ripple	Y Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y			M		
Hot Ricotta Pancakes Honeycomb & Lime Butter	Y Whe								Y	Y			M		
Warm Organic Porridge Oats Coconut milk, Local Honey, Blueberries	M Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	M		M	M	M		M	
Crushed Avocado on Sourdough Toast Poached Egg, Feta, Chilli	Y Whe Rye Bar				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	M	M	Y	M	
Full English Cumberland Sausages, Grilled Streaky Bacon, Homemade Baked Beans, Eggs Any Way, Sourdough Toast	Y Whe Bar								Y	Y				Y	
Shakshuka Butterbeans, Spiced Tomato Sauce, Poached Eggs	Y Whe Bar					M			Y	Y	M			Y	
Smoked Salmon & Scrambled Eggs Toasted Brioche	Y Whe			Y	M		M Unknown		Y	Y					
Truffled Eggs on Toast	Y Whe Rye Bar Oat				M		M Unknown		Y	Y	M	M		M	
Eggs Benedict (Single)	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y		M	M	Y	

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Eggs Benedict (Double)	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y		M	M	Y	
Eggs Florentine (Single)	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y		M	M	Y	
Eggs Florentine (Double)	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y		M	M	Y	
Eggs Royal (Single)	Y Whe			Y	M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y		M	M	Y	
Eggs Royal (Double)	Y Whe			Y	M		M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y		M	M	Y	
Hazelnut Nutella	M Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y					
Lemon Curd										Y					
Pink grapefruit, Jasmine & olive oil marmalade															
Strawberry & Elderflower Jam															

* Allergens marked with 'M' may contain that allergen.

■ Yes ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts